

## Keys to Success

As a way to adapt and self soothe our children have developed “Motor Loops” believe it or not so have us parents. Unknowingly us parents have fed those loops. Oftentimes our children associate a place or person with a particular feeling or experience and then enter into that loop. Here are some ways we can help to eliminate the loops. As we prefer to have that 1:1 time with the student in order to make every moment count towards their motor goals, we understand that you may need to be with your child in the room during these sessions. (Please refer to page 2 and fill out and return the form on page 3.)

1. We ask that you stay in your car and text your designated REMIND thread, “here” at which time we will escort you and your speller into the building. (For the regulation of the speller we ask that only parents and the speller attend sessions) If you are a new client, please send email to info@mobstrong.com.
2. You will receive a text “Enter” when the building is ready to enter.
3. We will comfortably escort your child into their session
4. If joining the child in the session please refer to the Observation instruction attached.
5. All sessions will be recorded and emailed to the families along with the session transcript.
6. Each session will be 1:1 with our practitioner or motor coach.
7. During every session the student will be assessed to determine an individual's motor profile.
8. Once a speller can spell without dysregulation for 30 mins we can incorporate a parent into the CRP training and sessions and begin parent coaching.
9. After each session the child will be brought to the left in our care and the child will leave with the parent. If you are escorting your child or upon pick up; please keep all outside talk, circumstances and stimulation for another time. If you need to speak with staff please text “Speak” to your reminder thread or designated # and someone will be in touch within 12-24 hrs. after text. For suggestions please use the suggestion box available located on the counter in the lobby. This allows staff to give proper attention to your suggestions at an appropriate time which doesn't take away from students or staff focus.
10. To make for easy scheduling, please visit [www.mobstrong.com](http://www.mobstrong.com) and pick your session. Students prefer the same times and days if possible. This helps to start off with some stability and security as we create a predictable schedule for them.

## Session Observation:

Please fill out Observation information on page 3 and return to us upon session.

### Parent or CRP Observation

We are excited to have you join in on your students session whether via zoom or in person:

We would like to share a few things that have helped the students get the most out of a session that is being observed by a parent, professional or a friend.

Observe individual sessions...

Some things to reflect and take note on:

- *Posture and pencil grip*
- *Prompts*
- *Eyes*
- *VAKTivities in individual sessions*
- *Regulation techniques - state and emotional*
- *Allowing relationship building with a new CRP*
- *Sequencing and breaking down motor demands to be used in everyday tasks*

Reflection points...

- *What affects performance?*
- *What surprised you?*
- *What strategies were used to help clients regulate?*
- *What are your biggest takeaways?*
- *How will you apply what you learned this week?*

*Your job is to sit back and enjoy the session learning new little tips to help move forward in your journey.*

We are looking forward to helping your child Fine Tune their Motor and build autonomous skills towards open communication and life skill application. This will look different for each individual and may change with each session according to each student's individual motor profile and time allotted to work with Modev8 staff.

Trust that the individual may not look like they are responding appropriately but our expectations are attached to their needs and we are looking forward to working through those things with them.

Always be aware....

- *That the body does not always tell the true story of what the brain wants it to do.*
- *The staff is trained to work through and help most behaviors and if assistance is needed they will ask you to help, otherwise we do not pay attention nor build memory to impulsive dysregulation.*
- *To give the space needed for a successful session*
- *Email questions or set up a discussion time later in respect of the students personalized session agenda. (info@mobstrong.com)*
- *Of others around you that may be in the building in other sessions during this time*
- *Of the session time to allow for maximum results*
- *Presume competence, they DO want to learn and succeed in the task at hand.*
- *Is my main focus on the long term result rather than my own expectations per each session.*

Thank You for your time and commitment, we look forward to partnering with you in your journey!

**Parent, CRP, or Professional Observation information:**

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Title (occupation) \_\_\_\_\_ Date \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Referral Name and Phone (if applicable): \_\_\_\_\_

Emergency Contact Name and Phone (if applicable): \_\_\_\_\_

What is your experience with individuals with apraxia?

What are you expecting to take away from your visit:

Signature \_\_\_\_\_ Date: \_\_\_\_\_